

# COVID RESOURCES

## STRESS & ANXIETY

# daylight

- Dealing with worry and anxiety? Try Daylight free for one year.
- Daylight is an app that will teach you ways to manage the negative emotions in your life.
- Go to **TryDaylight.com/access** from your Android or iPhone device for the best experience.

# SLEEP



- Struggling with falling asleep or staying asleep? Sleepio can help.
- Sleepio is a science-backed sleep improvement program.
- Get free access for a year. Visit **Sleepio.com/access** from your iPhone or computer web browser for the best experience.

#### EAP WORK/LIFE SUPPORT



- 24/7/365 free access to licensed counselors, work/life and bereavement specialists.
- Unlimited referrals for legal, financial, family care and more!
- Visit **rsli.acieap.com** (enter company code RSLI859) or call **855.775.4357** anytime.

#### EVERYDAY SAVINGS



- Want to save on things you're already buying every day?
- Get discounts on your cell phone bill, wholesale memberships like Costco and Sam's Club, Disney+, Hulu, ESPN and more!
- Visit **dbi.perkspot.com** to explore all offerings.

## EMERGENCY HELP



- Two Ten provides free counseling and community resources to people working in the footwear industry.
- Scholarships and financial aid are also available.
- Visit **twoten.org** or call **800.346.3210**.

#### WORKING PARENTS



- BrightHorizons World at Home offers a wide variety of learning activities to help keep your children active and engaged.
- For free guided learning opportunities that follow a typical classroom schedule, click **here.**

# CONTACT INFORMATION - KEEP IN TOUCH WITH US!



Now more than ever it is critical that you have accurate contact information in ADP.

- Please login and confirm your personal email for up-to-date communications from our teams!
- Change your address, view your paystubs, update your tax deductions, and get your W-2 all in one place.
- Active Camuto / Sole Society Associates: visit FrontDoor > ADP
- All other DBI, DSW, and Camuto Group Associates: visit portal.adp.com (first-time user code: DSWI-SHOEPAY)